

# CHOOSING THE RIGHT SIZE

Size is extremely important when it comes to work clothes – it affects function, wear and ergonomics. ProJob clothing is designed with flexibility in mind. Clothes that are the wrong size prevent the wearer from moving around freely. Pockets and other functional details which are used repeatedly during the working day need to be positioned where they can be reached easily. If the clothing is the wrong size, either the positioning of the pockets will force the wearer to make strenuous movements, or the pockets will serve no purpose at all. It's also extremely important

for the knee protectors to be in the right place to prevent unnecessary wear. The size also affects how long clothes last – the tighter the garment, the greater the strain on the seams and the fabric.

The ProJob collection includes sizes to meet every need. Almost all our tops are available in XS–XXXL and almost all our trousers are available in C44–C62, D84–D120 and C146–C156 (see Size Guide for details).

## SIZE GUIDE PROTECTIVE SHOES AND WORK GLOVES

### SHOES

| EU | UK               | MM  |
|----|------------------|-----|
| 35 | 2 <sup>1/2</sup> | 222 |
| 36 | 3                | 229 |
| 37 | 3 <sup>1/2</sup> | 236 |
| 38 | 4                | 242 |
| 39 | 5                | 249 |
| 40 | 6                | 256 |
| 41 | 7                | 262 |
| 42 | 8                | 269 |
| 43 | 9                | 276 |
| 44 | 10               | 282 |
| 45 | 11               | 289 |
| 46 | 12               | 296 |
| 47 | 13               | 302 |
| 48 | 14               | 309 |

#### ProJob Protective Shoes protection classes:

The protection has been tested and approved according to EN 345 which guarantees basic demands for safety, comfort, stability, slip protection and quality. Apart from basic demands, we have certified the shoes according to the following protection classes:

- **S1 P** = Toecap (200 J115000N), Full heel, Antistatic (100Ω/1000MΩ), Shock absorbing sole (20), Non-penetrable sole (11000N).
- **S3 WR** = As above plus the shoe is waterproof and has a patterned sole.

For more information, please see the folder enclosed with each ProJob shoe purchase.

### GLOVES

|    |    |
|----|----|
| 7  | XS |
| 8  | S  |
| 9  | M  |
| 10 | L  |
| 11 | XL |

The colour coding can also be found inside the gloves, which makes size identification easy!

# SIZE GUIDE

## Men Regular

| Size              | S       |         | M      |          | L       |          | XL       |          | XXL      |        |
|-------------------|---------|---------|--------|----------|---------|----------|----------|----------|----------|--------|
|                   | C44     | C46     | C48    | C50      | C52     | C54      | C56      | C58      | C60      | C62    |
| Chest (")/cm      | 34.5/88 | 36/92   | 38/96  | 39.5/100 | 41/104  | 42.5/108 | 44/112   | 45.5/116 | 47/120   | 49/124 |
| Waist (") /cm     | 30/76   | 31.5/80 | 33/84  | 34.5/88  | 36/92   | 38/97    | 40/102   | 42.5/108 | 45/114   | 47/120 |
| Hip (")/cm        | 37/94   | 38.5/98 | 40/102 | 41.5/106 | 43/110  | 45/114   | 46.5/118 | 48/122   | 49.5/126 | 51/130 |
| Inside leg (")/cm | 30/76   | 30.5/78 | 31/79  | 31.5/80  | 31.5/81 | 32/82    | 32.5/83  | 32.5/83  | 33/84    | 33/84  |

## Men Tall

| Size              | C146    | C148   | C150     | C152   | C154     | C156     |
|-------------------|---------|--------|----------|--------|----------|----------|
| Chest (")/cm      | 36/92   | 38/96  | 39.5/100 | 41/104 | 42.5/108 | 44/112   |
| Waist (") /cm     | 31.5/80 | 33/84  | 34.5/88  | 36/92  | 38/97    | 40/102   |
| Hip (")/cm        | 38.5/98 | 40/102 | 41.5/106 | 43/110 | 45/114   | 46.5/118 |
| Inside leg (")/cm | 32.5/83 | 33/84  | 33.5/85  | 34/86  | 34/87    | 34.5/88  |

## Men Short

| Size              | D84     | D88     | D92      | D96     | D100     | D104    | D108     | D112     | D116     | D120     |
|-------------------|---------|---------|----------|---------|----------|---------|----------|----------|----------|----------|
| Chest (")/cm      | 33/84   | 34.5/88 | 36/92    | 38/96   | 39.5/100 | 41/104  | 42.5/108 | 44/112   | 45.5/116 | 47/120   |
| Waist (") /cm     | 30.5/78 | 32/82   | 34/86    | 35.5/90 | 37/94    | 38.5/98 | 40.5/103 | 42.5/108 | 45/114   | 47/120   |
| Hip (")/cm        | 37/92   | 38/96   | 39.5/100 | 41/104  | 42.5/108 | 44/112  | 45.5/116 | 47/120   | 49/124   | 50.5/128 |
| Inside leg (")/cm | 28.5/72 | 28.5/73 | 29/74    | 29.5/75 | 30/76    | 30.5/77 | 30.5/78  | 31/79    | 31/79    | 31.5/80  |

## Size key garments

| Men  | Men   | Women | Women | Shirts, neck width cm and inches |         |
|------|-------|-------|-------|----------------------------------|---------|
|      |       | 32    | XS    |                                  |         |
| XS   | 40-42 | 34-36 | S     | 35-36                            | 13.5-14 |
| S    | 44-46 | 38-40 | M     | 37-38                            | 14.5-15 |
| M    | 48-50 | 42-44 | L     | 39-40                            | 15.5-16 |
| L    | 52-54 | 46-48 | XL    | 41-42                            | 16-16.5 |
| XL   | 56-58 | 50-52 | XXL   | 43-44                            | 17-17.5 |
| XXL  | 60-62 | 54    | XXXL  | 45-46                            | 17.5-18 |
| XXXL | 64-66 |       |       | 47-48                            | 18.5-19 |

| Women                      | C34     | C36     | C38     | C40   | C42     |
|----------------------------|---------|---------|---------|-------|---------|
| A Chest measurement (")/cm | 31.5/80 | 33/84   | 34.5/88 | 36/92 | 38/96   |
| B Waist measurement (")/cm | 26/66   | 27/69   | 28.5/72 | 30/76 | 31.5/80 |
| C Hip measurement (")/cm   | 35.5/90 | 36.5/93 | 38/96   | 39/99 | 40/102  |
| D Crotch length (")/cm     | 30/76   | 30/77   | 31/78   | 31/79 | 31.5/80 |

  

|                            | C44      | C46     | C48     | C50      |
|----------------------------|----------|---------|---------|----------|
| A Chest measurement (")/cm | 39.5/100 | 41/104  | 43/110  | 45.5/116 |
| B Waist measurement (")/cm | 33/84    | 34.5/88 | 36.5/93 | 39/99    |
| C Hip measurement (")/cm   | 41.5/106 | 43/110  | 45/115  | 47/120   |
| D Crotch length (")/cm     | 32/81    | 32/82   | 32.5/83 | 33/84    |

